

5K9 Leisure Trail Run/Walk Registration

When: Saturday , May 5th @ 10am (registration at 9am)

Where: West End Regional Park, Chestnuthill Township located at 578 Evergreen Hollow Rd.

Map is available on the website

Directions: Rt 209 to Rt 715 in Brodheadsville. North on Rt 715 approximately 4 miles to veer left onto Evergreen Hollow Rd., then one mile to Regional Park.

Why: Proceeds benefit the development of the West End Regional Dog Park

Hosted by: Friends of West End Park and Open Space Commission

Registration cost: \$20/pp (Children under 12 are FREE)

Awards: Bandanas for the first 100 registrants, Door Prizes, Raffles and Refreshments

Dogs are WELCOME as long as they remain on a leash (6' max.)

The course: The (untimed) trail run is a beautiful course through 240 acres of open space property.

It includes a flat trail, an open field and woods trails. The trail will measure approximately 3.2 miles.

Walkers are invited to use the 5/8 mile portion of the flat trail, and/or the 3/4 mile field trail, or the entire course.

How to enter: Fill out the form. **Make your check payable to:** Friends of WEPOSC

Mail form and check to: Friends of WEPOSC, PO Box 276, Saylorsburg Pa. 18353

or Register at **RunSignUp.com** <https://runsignup.com/Race/PA/Brodheadsville/5K9LeisureTrailRunWalk>

More information: Trail run course map and additional registration forms are available at

www.weposc.org. Forms are also available at the Chestnuthill Park, Ross Twp. Building and area businesses and post offices. FMI: Bernie Kozen at 570-992-9733, or email bkozen@weposc.org

Yes, Enter me into the event! I'd like to ___ Run ___ Walk ___ Run/Walk

Name _____ Age on race day _____

Address _____ Gender _____

City _____ State _____ Zip _____

Phone _____ Email _____

___ Enclosed is \$20 check payable to Friends of WEPOSC

___ Credit Card # _____ Exp _____ CSC# _____

___ All Dogs must have appropriate licenses and vaccinations

In consideration of the use of the premises and facilities of the Friends of WEPOSC and Chestnuthill Township, and in consideration of being able to participate in the 5K9 Run/Walk, on behalf of myself, my heirs, executors, administrators, successors, or assigns, I hereby release and forever discharge the Friends of WEPOSC and Chestnuthill Township, their agents, servants, and employees of and from any and all manner of actions, cause of action, suits, damages, claims, and demands on account of personal injury, including death, or any other cause whatsoever, which I may have against them by reason of or arising out of my participation in the above listed activity.

I understand and accept the risks involved in this activity. I certify that I am physically fit to compete in this event.

Signature of Participant or guardian if under 18 _____ Date _____

(please complete a separate form for all participants)